

The Couch: Mini Edition

Ages 10-12

Last Tuesday of every month 3-6:30p

The MHA

36 Pine Street Lockport 14094

The Couch: OG Edition

Ages 13-16

Every Wednesday 2:30-6:30p

The MHA

36 Pine Street Lockport 14094

The Couch: After Hours

Ages 16-20

Every Wednesday 7-8:30p

The MHA

36 Pine Street Lockport 14094

The Couch: Lewiston

Ages Tweens & Teens

Second Friday of every month 2:30-6:30p

Red Brick School House

325 Onondaga Street Lewiston 14092

Participants can arrive and leave at any time during programming ***

Compeer® | **Niagara**

Mental Wellness Starts With Friendship



The COUCH



Compeer Niagara has a free, safe, and comfortable space for Niagara County Tweens, Teens, and Young Adults.

Spend time with friends, make new friends, and hang out!

Movies, videogames, boardgames, art supplies, and snacks will be available.

Call Compeer Niagara at the MHA 716-433-3780 or email Tara Porter, Compeer Niagara Director tporter@mhanc.com for more information.